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Cambia Health Foundation Invests in Catholic Charities Eastern Washington Rising Strong Program

Spokane, Wash. – Catholic Charities Eastern Washington announces a 2-year partnership with Cambia Health Foundation in support of Rising Strong, a holistic, family-centered substance use disorder treatment and housing program. The \$200,000 investment will help provide trauma-informed care to children of Rising Strong participants and enable families to stay together and rebuild their lives.

Cambia Health Foundation and Catholic Charities share a commitment to improving how our vulnerable neighbors access health care. Rising Strong is a residential substance use disorder treatment program that supports families in staying together while they begin to recover from addiction, heal from trauma and rebuild their lives.

“Cambia Health Foundation’s innovative vision for health care matches our own,” said Nadine Van Stone, Vice President of Crisis Response & Shelters. “We are thrilled to partner with an organization dedicated to a holistic concept of wellness.” The grant is being awarded through the Foundation’s Healthy People, Healthy Communities funding program.

The grant will support trauma-informed care through a robust set of services that promote social skills, self-regulation, self-help and positive interactions - all to help equip children to overcome the challenges they face. The services will meet the specific needs of children who have experienced trauma and toxic stress, build resilience and support families in their recovery.

Families entering Rising Strong are at-risk of separation by the foster care system. Rising Strong gives the court system an option to refer parents for substance use disorder treatment in a supervised family setting. Rising Strong provides treatment to heal the trauma children experienced because of their parents’ substance use disorder and their involvement with foster care.

In January 2019, Rising Strong graduated its first cohort of seven families. To graduate, parents must feel stable in their addiction recovery, have earned a GED or high school diploma, secured employment or other income and strengthened their parenting skills. Rising Strong staff help participants find and move in to stable housing before they graduate. The program is launching its second cohort, serving 30 families and their children, totaling 95 individuals.

Catholic Charities Eastern Washington affirms the dignity of our most vulnerable neighbors by providing social services across 13 counties. With our community partners in government, industry, and social services, we tackle the region’s biggest challenges, including homelessness and intergenerational poverty. We respond to community members in crisis by providing disaster relief, emergency assistance, and rapid rehousing. We stabilize lives by building affordable housing for veterans, seniors, chronically homeless

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individuals and families, and farmworkers, as well as provide access to fresh produce and connect seniors with volunteers to help with household chores. We advocate in hope by providing childbirth and parenting support and early learning, counseling, immigration legal services, and support for parishes.

Cambia Health Foundation is the corporate foundation of Cambia Health Solutions, a total health solutions company dedicated to transforming the way people experience health care. Founded in 2007, the Foundation has funded over \$60 million in grants to advance patient-focused and family-oriented care for all. We make purposeful philanthropic investments that transform health care, making the journey more person-focused and economically sustainable from birth to natural completion of life.

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