

Dear Friend,

To say that we are living in unprecedented times is an understatement. In the last six months we have seen Australian wildfires, a global pandemic and a civil rights movement calling for equality and justice.

We have all asked ourselves, "what can I do to help? How can I make a difference?" We hold worries about our grandparents who are still isolated in their homes due to the coronavirus. We worry for Black families, including our neighbors and friends, who endure racism on a systemic level. We worry for our children who are uncertain about what school will be like when they return this fall.

We hold many worries in our hearts. God tells us, "For with much wisdom comes much sorrow; the more knowledge, the more grief" (Ecclesiastes 1:18, New International Version). While we know our community and our country are going through troublesome times, we also know that we will get through this together. We know our community stands for love and a commitment to create a more equal and just society.

How do we know this? We know this because of **YOUR** support for the most poor and vulnerable members of our community during these painful times. On June 1 we finished our Courage and Commitment Challenge, which raised necessary funds for our programs and clients during COVID-19. I feel blessed to say that we hit our \$750,000 fundraising goal! We could not have done this without you! YOUR commitment to feeding the hungry, YOUR dedication to shut-in seniors who need companionship, YOUR pledge to provide shelter for families experiencing homelessness made the difference.

Our world has forever changed in the last six months, in ways that are both tragic and hopeful. But what has not and will not ever change are our core principles that compel us to serve over 60,000 children, women, families, seniors and individuals each year. It's our job to do this precious work, and we have a <u>sacred</u> obligation and duty to keep doing it, as best we can, come what may.

We are grateful for your continued love and support in our work.

Blessings,

Rob McCann President & CEO

Catholic Charities Eastern Washington

CCEW Reaches Challenge Goal!



It is truly stunning to witness the power, generosity and support of our CCEW community. Thank you to our Eastern Washington community for helping us maintain the vital work of our programs. We could not have continued the high level of essential service our clients need in order to live with dignity without each and every one of you. Thank you for supporting our organization in a way that has never been seen before in our 108 years!

Thank you for your incredible and lasting sacrifice.





Rob's Haircut

Down the home stretch of our Courage and Commitment Challenge, with less than \$10,000 remaining in our quest to hit our goal of \$750,000, our President & CEO, Rob McCann, came up with an idea. Some might consider this idea to be a little crazy...

Rob asked our community to help him cut his hair... in any way that a lucky donor saw fit. We were able to raise just over the \$10,000 we needed, and Rob was blessed with a lovely blue mohawk for the rest of the month.

Thank you, Rob, and thank you to each and every one of you for showing up in a way that we have never seen before. You humble us with your generosity and support.

EVERYDAY

Michael has a committed group of volunteers in the kitchen, and as Michael Odell, Cook, House of Charity (HOC) soon as the doors are open the volunteers race in. He is very quiet and stays in the background, but he is a solid team member. He has been instrumental in organizing mass food preparation and distribution during COVID-19 for HOC and Catholic Charities properties. His autistic adult son volunteers in the HOC kitchen regularly, so he has become a key part of our kitchen team, too!





Deanna Randall, Operations Assistant, HOC

Deanna has been instrumental in training new teams from around Catholic Charities in trauma-informed practices at the COVID-19 women's homeless shelter. She has an amazing, positive attitude and inspiring lived experience.

Keala Arquero, Volunteer Specialist, HOC

Keala has modified her work schedule to meet the current needs of HOC, which shift constantly. She keeps our team spirit high by going out of her way to create activities to help us grow as a team. She has demonstrated admirable leadership skills at an extremely chaotic time at HOC.



We Miss our Volunteers!







As the State of Washington continues the phased reopening of our communities, we are planning to SAFELY and SLOWLY restart our volunteer opportunities. Programs will open up opportunities as they see fit. If you are a volunteer with Catholic Charities, watch your email inbox because we will connect with you when shifts open up.

To ensure the safety of volunteers, clients and staff, the email will include instructions on how to safely return to your volunteer shift. We will ask you to:

- Complete and return the health waiver attached to the email
- Follow a self health-check protocol before each shift
- Attend a reorientation at your program to learn any new health and safety measures

If you have any questions about volunteering at Catholic Charities, please email volunteer@cceasternwa.org or call (509) 358-4250.

Catholic Charities Volunteer Services Phased Approach

Here is our plan to welcome back volunteers based on the Washington state phased approach.

Emergency Services

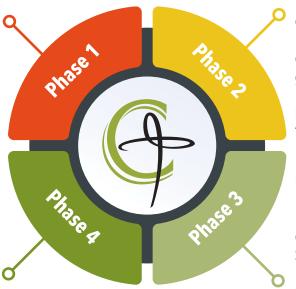
Emergency volunteer services with no direct client interaction.

Example: Food pickup and delivery for House of Charity, Friendly Chat phone calls and emergency donation processing at Catholic Charities Family Service Center.

Direct Client Interactions

Direct client interactions and groups of 10 or fewer may resume while observing physical distancing.

Examples: Front desk at CAPA and activities with families at St Margaret's Shelter.



Essential Needs

No direct client interaction with the exception of Volunteer Chore Service Program transportation of seniors to essential medical appointments and grocery shopping.

Examples: Yard work for senior clients. No more than five volunteers in one yard at a time.

Indirect Client Interactions

Indirect client interactions may resume, with the exception of in-home/domestic services for Volunteer Chore Service Program.

Examples: Accepting and sorting donations at CAPA, St. Margaret's, and the Catholic Charities Family Service Center.

Disclaimer: We do not recommend persons 65 and older or those who are immunocompromised volunteer until we are beyond Phase 4. However, we will allow them to volunteer if they are willing to assume the risk. All active volunteers must complete a one-time COVID waiver, daily health screenings before each shift, and a reorientation to health and safety measures at their programs. If you have questions, email volunteer@cceasternwa.org

Current Volunteer Opportunities

Are you looking for ways to give back to the community? Look no further! Senior Services needs your help! We are in need of volunteers to help our seniors with yard work and with rides to doctors' appointments!

"Lawn Twin" Program

Please consider adopting a senior's lawn this summer and commit to caring for it through Labor Day!

Limited lawn mowers and weed whackers available. You may need to provide the following items: Lawn mowers, weed whackers, bags, rakes, trimmers and pruners.

Please Contact the Volunteer Chore Services office at (509) 459-6172 or (509) 459-6171 for more information. No more than two individuals may work in each yard.

Volunteer Drivers

Summer/Fall 2020

Many of our seniors are now able to visit their doctors and need a volunteer driver. If you are interested in lending a hand, please contact the below offices. Shifts are typically Monday-Friday with the occasional Saturday.

Spokane/Northern Region of Eastern WA

Please contact the Volunteer Chore Service Program Spokane office at (509) 459-6172 or (509) 459-6171.

Southern Region of Eastern WA

Please contact the Walla Walla Volunteer Chore Service Program office at (509) 529-9062.



Project Update: Gonzaga Family Haven

Gonzaga Family Haven is a 72-unit apartment complex for families experiencing homelessness. Gonzaga Haven will change the lives of families who have experienced the trauma of homelessness and family separation. Through a unique partnership with Gonzaga University, Gonzaga Preparatory School, St. Aloysius Parish, Head Start, Spokane Housing Authority and many others, we will provide families with a safe place to live and access to services that help them make lasting improvements to their wellness and stability. Our goal is to break the cycle of intergenerational poverty for our residents and their families. Through the efforts of these partners, families will have access to childcare, primary healthcare, ongoing adult education, before and after school services, tutoring, recreational activities, scholarships for continuing education, mentoring and many other life-changing supports.



Where there is a Way...

Do you want to make a significant gift that will transform the work of Catholic Charities Eastern Washington for generations to come?



You can do it today with a legacy gift through your will to the Catholic Charities Foundation. A legacy gift:

- Costs you nothing during your lifetime.
- Preserves your savings and cash flow.
- Allows you to be far more generous than you ever thought possible.
- Requires only a simple paragraph added to your will is all it takes. It is easy to arrange!

For more information please contact:

Ann Marie Byrd

Executive Director - Catholic Charities Foundation (509) 358-4266 annmarie.byrd@cceasternwa.org



Are you looking for ways to get involved this summer?

Please consider hosting a donation drive! Our programs are always in need, and we could not do our work without YOU!

House of Charity:

- 16- ounce bottled water
- Sliced cheese (large, Costco-sized packages)
- Individually wrapped items, such as granola bars, cereal bars, etc.
- Single serving chip bags
- Fruit cups
- Men's and women's clothing
- Socks
- Undergarments
- Disposable razors
- Travel hygiene products, such as shampoo, conditioner, body wash, shaving cream, sunscreen, toothpaste, and toothbrushes

St. Margaret's Shelter:

- Hygiene items for women and men
- Kitchen items, such as pots, pans, utensils, plates, etc.
- Canned food that has pop-top cans or can openers included
- Big blankets and sheet sets

If you have any questions, please contact Heidi Meany at (509) 459-6170.



Email us at faithworks@cceasternwa.org if you would like to receive this newsletter by email.

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SALT & LIGHT

A Parish Social Ministry resource for outreach, advocacy and Catholic social teaching



Brenda and her son, Isaac, stand with Scott Cooper in the parish hall of St. Juan Diego in Basin City, Franklin County. Brenda serves as a PREPARES volunteer, helping to support young families on the journey of pregnancy and parenting. When she noticed families in the area struggling with basic needs—not just PREPARES families, but others dealing with illness or unemployment—she reached out through the PREPARES network for help. Catholic Charities is humbled to respond to the needs of these communities and to lift up PREPARES as a parish-based model to be the hands of Christ in a suffering world. Thank you, Brenda, and all PREPARES volunteers.

Learn more about PREPARES at https://preparesforlife.org.